

Appendix D

**Participant Program Evaluation**

Please answer the following questions by marking the box which describes your response:

<b>I felt this course helped me:</b>	<b>A lot</b>	<b>Some</b>	<b>None</b>
1. Increase my understanding of domestic violence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Change my thinking about abusive behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Help me understand negative effects of DV.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Apply non-violent responses to anger.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Recognize my anger before I become enraged.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Understand how to take a proper time-out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Understand different personality types.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Recognize different communication styles.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Improve my positive communication with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Improve my listening abilities with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Respect the differences in others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Recognize and manage my stress better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**I would recommend this course to others:** Yes \_\_\_\_\_ No \_\_\_\_\_

I learned some new ideas in this course to improve my relationships: Yes \_\_\_\_\_ No \_\_\_\_\_

The handouts were helpful and useful to understand the material: Yes \_\_\_\_\_ No \_\_\_\_\_

The material was practical to my needs/interests: Yes \_\_\_\_\_ No \_\_\_\_\_

The class activities helped me learn new ways of thinking: Yes \_\_\_\_\_ No \_\_\_\_\_

The instructor was knowledgeable about the material: Yes \_\_\_\_\_ No \_\_\_\_\_

The instructor explained the material so I could understand: Yes \_\_\_\_\_ No \_\_\_\_\_

The instructor responded well to questions or needs of the class: Yes \_\_\_\_\_ No \_\_\_\_\_

Any other comments or suggestions about what you learned or how the class could be improved?

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