NONVIOLENCE

NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict

- accepting change
 - being willing to compromise

NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things

ECONOMIC PARTNERSHIP

Making money decisions together • making sure both partners benefit from financial arrangements

RESPECT

Listening to her nonjudgmentally • being emotionally affirming and understanding • valuing opinions

EQUALITY

SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work • making family decisions together

TRUST AND SUPPORT

Supporting her goals in life
• respecting her right to her own feelings, friends, activities and opinions

RESPONSIBLE PARENTING

Sharing parental responsibilities • being a positive non-violent role model for the children

HONESTY AND ACCOUNTABILITY

Accepting responsibility for self • acknowledging past use of violence • admitting being wrong • communicating openly and truthfully

NONVIOLENCE

Developed by Domestic Abuse Intervention Project, Duluth, MN

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